



Join us for Self-Determination Boot Camp—a morning of learning, sharing and fun. Learn more about self-determination from people with disabilities, senior citizens and families who are living their dreams. Get information and tips from experts who know and understand Medicaid, the waivers and the health and human services system.

The Self-Determination Boot Camp is funded by a grant to Imagine Enterprises provided by the Texas Council for Developmental Disabilities.

Are you getting off the waiting list to receive services in your home or another community setting?

You can choose the life you want!

Self-Determination Boot Camp "At-A-Glance"

Workshops: 25-minute "drills" to build self-determination skills

Taking Stock of Your Goals: Personal Power & Self-Determination

Be prepared to get the most out of waiver services. Tips for deciding your personal goals and communicating them with confidence.

Which Waiver Does What?

Not all Medicaid waiver programs are alike. Learn the similarities and differences and how they apply to you.

Finding Answers: Getting the Most from Provider Interviews

Tips for asking questions to find out what you really want to know—and the answers that reflect true self-determination.

Fiction & Fact About Medicaid Waivers, Service Providers & Your Rights

Gain confidence in your relationships with agencies and service providers with these tips about your rights.

Eligibility, Entitlement & Enrollment

Before you can receive waiver services, you must be qualified for Medicaid. Find out what you need to know about the process and other important issues.

9:00 AM-1:00 PM

Roll Call & Provisions Procurement: Sign in, get meeting packets, view exhibits, visit the Mess Tent for coffee and snack rations

9:30 - 12:15 PM

Tour of Duty: Five 25-minute workshops. Each session repeats five times so participants can attend them all, if desired. (9:30, 10:05, 10:40, 11:15, 11:50)

Exhibits: Throughout the morning, people with disabilities, family members, self-determination advocates, Medicaid waiver experts, state agency personnel and others will be available to tell their personal stories, answer questions and provide materials to support choices and decisions that lead to self-determined lives.



Enlist today!

Phone: 1-800-572-7159 (toll-free)

E-mail: bootcamp@selfdetermined.org

It's Free!

Walk-in participants will be welcome on the day of the event, while space is available.

Please call us at least 72 hours before the Boot Camp if you need disability-related accommodations or a language interpreter.